Fitted Cable Vest with Button Front

Vintage Knitting Pattern

A digital reproduction

STYLE NO. 786-240
(shown on centre spread)

These directions are for small size (8-10). Changes for medium size (12-14) and large size (16-18) are in parentheses.

MATERIALS
BERNAT DANISH PETITE (1¾ oz. (50 gram) balls) – 6(6-7)
1 pair BERNAT U.S. straight knitting needles No. 7 *(Canadian Needles No. 7)*
OR ANY SIZE NEEDLES THAT WILL GIVE THE STITCH GAUGE GIVEN BELOW
1 BERNAT U.S. cable stitch needle
5 buttons

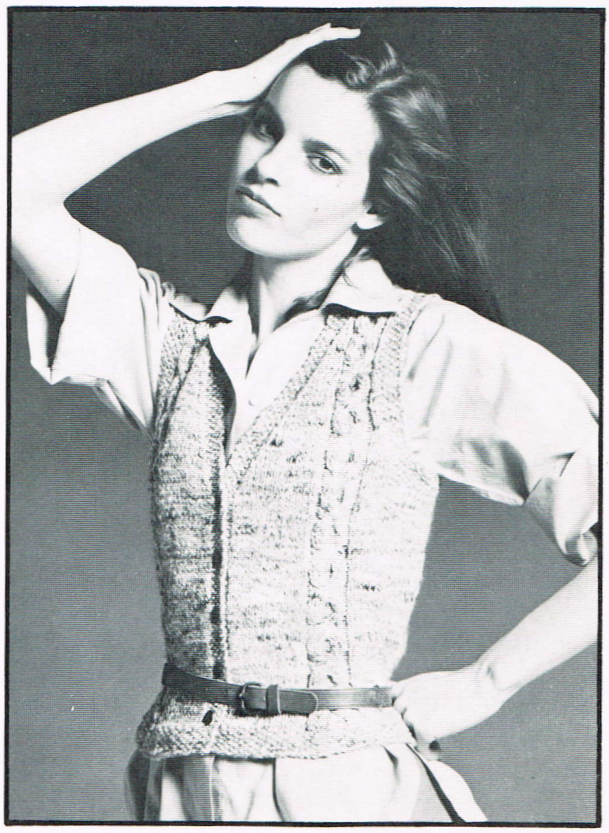
GAUGE: 5 sts = 1 inch 7 rows = 1 inch

BACK: Cast on 73(83-93) sts. K 1, P 1 in ribbing for 4 inches. Inc 1 st each end of needle and repeat this inc every 4th row 4 times more. Work even on 83(93-103) sts until piece measures 10 inches. On the next row K 1, P 1 in seed st on 11(13-13) sts for underarm band, put a marker on needle, work in ribbing pattern as established on next 61(67-77) sts, put a marker on needle, work in seed st on remaining 11(13-13) sts for underarm band. Keeping 11(13-13) sts each end of needle in seed st, work remaining sts in rib pattern as established for 6 more rows, ending with a wrong side row. SHAPE ARMHOLES: At the beg of each of the next 2 rows bind off 6(8-8) sts. Work 5 sts in seed st (armband), dec 1 st, work in rib pattern to 2 sts before marker, dec 1 st, work remaining 5 sts in seed st (armband). Dec 1 st each end of needle in same manner as before every other row 3 times more. Work even on 63(69-79) sts until armholes measure 7½(8-8½) inches. SHAPE SHOULDERS: At the beg of each of the next 4 rows bind off 7(7-8) sts. At the beg of each of the next 2 rows bind off 6(7-7) sts. Bind off remaining 23(27-33) sts.

PATTERN STITCH FOR LEFT FRONT
Rows 1 and 3: P 2, K 10, P 2.
Row 2 and all even rows: K 2, P 10, K 2.
Row 5: P 2, sl next 3 sts onto cable needle and hold in FRONT of work, K next 2 sts, K 3 sts from cable needle, sl next 2 sts onto cable needle and hold in BACK of work, K next 3 sts, K 2 sts from cable needle, P 2.
Row 7: P 2, K 2, sl next 3 sts onto cable needle and hold in BACK of work, K next 3 sts, K 3 sts from cable needle, K 2, P 2.
Row 9: P 2, sl next 2 sts onto cable needle and hold in BACK of work, K next 3 sts, K 2 sts from cable needle, sl next 3 sts onto cable needle and hold in FRONT of work, K 2, K 3 sts from cable needle, P 2.
Row 10: K 2, P 10, K 2.
Repeat these 10 rows for pattern stitch for left front.

LEFT FRONT: Cast on 43(46-51) sts. K 1, P 1 in seed st across row. Repeat this row 8 times more. On the next row K 11(13-15), put a marker on needle, work Row 1 of pattern st for left front on next 14 sts, put a marker on needle, K 13(14-17), put a marker on needle, work 5 sts in seed st for frontband. **Row 2:** Work 5 sts in seed st, P to marker, work Row 2 of pattern st for left front on next 14 sts, P to end of row. Keeping 5 sts at front edge in seed st and 14 sts between markers in pattern st for left front, work remaining sts in stockinette st until piece measures 4 inches, ending at arm edge. On the next row at same edge, inc 1 st and repeat this inc every 4th row 4 times more. Work even in pattern as established on 48(51-56) sts until piece measures 10 inches, ending at arm edge. SHAPE NECK AND UNDERARM BORDER: Work 12(13-13) sts in seed st for underarm border, put a marker on needle, work in pattern st to 2 sts before last marker, K 2 tog (neck dec), work in seed st to end of row. Continue to dec 1 st at neck edge every 4th row 11(12-15) times more, and AT THE SAME TIME, when piece measures same as back to underarm, ending at arm edge, SHAPE ARMHOLE: Bind off 6(8-8) sts, work to end of row. Keeping 5 sts at arm edge in seed st, dec 1 st at same edge every other row 4 times. When all decs have been completed, work even on 26(26-28) sts until armhole measures 7½(8-8½) inches. SHAPE SHOULDER: At arm edge bind off 7(7-8) sts twice and 7 sts once. Continue in seed st on remaining 5 sts for 2½ (2½-2¾) inches more. Bind off.

(cont. on pg. 12)



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PATTERN STITCH FOR RIGHT FRONT
Rows 1 and 3: P 2, K 10, P 2.
Row 2 and all even rows: K 2, P 10, K 2.
Row 5: P 2, sl next 3 sts onto cable needle and hold in FRONT of work, K next 2 sts, K 3 sts from cable needle, sl next 2 sts onto cable needle and hold in BACK of work, K next 3 sts, K 2 sts from cable needle, P 2.
Row 7: P 2, K 2, sl next 3 sts onto cable needle and hold in FRONT of work, K next 3 sts, K 3 sts from cable needle, K 2, P 2.
Row 9: P 2, sl next 2 sts onto cable needle and hold in BACK of work, K next 3 sts, K 2 sts from cable needle, sl next 3 sts onto cable needle and hold in FRONT OF WORK, K next 2 sts, K 3 sts from cable needle, P 2.
Row 10: K 2, P 10, K 2.
Repeat these 10 rows for pattern stitch for right front.

RIGHT FRONT: Work to correspond to left front, reversing placing of frontband, pattern st and all shaping and forming first buttonhole when piece measures 1¼ inches. BUTTONHOLE: Starting at front edge, work 3 sts in seed st, y o, K 2 tog, work to end of row. Make 4 more buttonholes, evenly spaced — the last one to be made ¾ inch below start of neck shaping.

FINISHING: Sew underarm and shoulder seams. Seam neckband and sew to back of neck. Sew on buttons.

MISSES' SIZES

CARDIGAN OR JACKET			
	Small	Medium	Large
Sizes	(8-10)	(12-14)	(16-18)
Measurement at Bustline	34½"	38½"	42½"
Shoulder Back	12½"	14"	15½"
Back Neck	4½"	5"	5½"
Shoulder	4"	4½"	5"
Sleeve Width	11¾"	12¾"	13¾"
Sleeve Length	17½"	18"	18"
Armhole Depth	7½"	8"	8½"

HINTS FOR BETTER KNITTING AND CROCHETING

STITCH GAUGE
The term "STITCH GAUGE" is the most important part of all knitting and crochet directions, since the sizing of any knitted or crocheted garment is planned on this gauge. You MUST work to the gauge which is given or your finished work will not be the size indicated in the directions.

TO CHECK STITCH GAUGE
Cast on or *Chain* approximately 20 sts, using the yarn and needles specified. Work in specified pattern stitch for 4 inches. Bind or fasten off. Steam the swatch. Then using a *Ruler* as a guide, count the number of sts to 1 inch. If your stitch gauge is *More* sts to 1 inch than given in the directions, try the next size larger needle and again check your gauge. If your stitch gauge is *Less* sts to 1 inch than that given in the directions, try the next size smaller needle and again check your gauge. The *Important Thing* to remember is that the size needle used does not matter, as long as your stitch gauge is correct.

FOR KNITTING

RIBBING
On the first row work in the ribbing pattern given. On all other rows, K over the K sts and P over the P sts.

TO SLIP A STITCH
Whenever the directions specify a sl st, always insert the right-hand needle in the st to be slipped as if to P, unless otherwise indicated.

STOCKINETTE STITCH
K 1 row, P 1 row alternately when working on straight needles. When working round and round on a circular needle or double point needles, knit every round.

GARTER STITCH
Knit every row. It will take 2 rows to make 1 ridge.

SEED STITCH
On the first row * K 1, P 1, repeat from * to end of row. On all subsequent rows, K over the P st and P over the K st.

JOINING YARN
ALWAYS join a new ball of yarn at the beginning of a row.

MARKERS
When work specifies the use of a marker, use a small round paper clip for this purpose. In working, always slip this marker from one needle to the other.

FOR CROCHETING

TO INCREASE
Work 2 sts in one stitch.

TO DECREASE
Unless otherwise stated draw up a loop in each of next 2 sts, y o and draw through all loops on hook.

TO ADD STITCHES
Ch the number of sts designated in the directions, turn and work 1 s c in 2nd ch from hook, 1 s c in each st to end of ch, then work in pattern st to end of row.

TO OMIT STITCHES
Unless otherwise stated, sl st over the number of sts designated in the directions, work to last sts designated, ch and turn.

TO CHANGE COLORS IN CROCHETING
When changing colors in crocheting, always work off the last 2 loops with the new color.

NOTE: If you wish your garment to be longer than length suggested be sure to buy additional yarn when you are making your purchase.

The following is a consensus from published material by fiber manufacturers (such as DuPont), makers of washing machines and National Dry Cleaners Institute.

HOW TO CARE FOR KNITTED GARMENTS

HAND WASHING – Button or zip garment. Turn inside out. Lukewarm to cool water. Mild soap such as Ivory Snow. Do not put soap directly on garment. Moderate amount as recommended by manufacturer. Rinse water, same temperature. Squeeze out excess, roll in towel and squeeze. Support garment with hands to avoid "drag". Lay flat on smooth surface and allow to dry thoroughly. Keep out of sun while drying. DO NOT HANG. DO NOT STRETCH. DO NOT PRESS.

MACHINE WASHING – (Not recommended for wool unless shrink-treated). Button or zip garment. Turn inside out. For additional precaution, put garment into a pillow case or drawstring mesh bag. This protects against excess friction and abrasion.
Set on three minute cycle, delicate or low. Mild soap, same as for hand washing. Avoid "wool wash" preparations for orlon. Avoid strong detergents containing alkali. Allow comparably short rinse cycle.
Tumble dry at low setting, gentle cycle, low heat, never more than 120 degrees. With a light load, it helps to put a dry turkish towel in dryer to absorb excess water. Dry thoroughly. Time varies with different makes of equipment. Remove immediately. DO NOT HANG. DO NOT STRETCH. DO NOT PRESS.

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